



LPCF Have invited LPFT CYP Services  
to talk about

## **Anxiety**

on

**Wednesday 24th April**

**7pm - 8.30pm**

The workshop will explore supporting children and young people with their worries.

There will be a whistle stop tour on how anxiety may present in children and some helpful hints and tips on how parents and carers can support the child/young persons toolkit for managing these big feelings.

Aimed at parents and carers of children with SEND & the professionals who work with them, who are registered with LPCF.

Sign up to LPCF on the sign up page of the website.

Book on the Events page.

[www.lincspcf.org.uk](http://www.lincspcf.org.uk)

